



Lady in red

If ever there were a current trend in beauty, it's for a lip balm/lipstick hybrid that glides on like the former and holds like the latter. Estée Lauder is the latest brand to issue a high shine colour with a sheer finish that gives a softer effect and is comfortable to wear. Pure Color Envy Shine Sculpting Lipstick is available in 16 bold shades including Surreal Sun (pictured), a punchy coral tone, perfect an everyday look for the warmer climes ahead.

Pure Color Envy Shine Sculpting Lipstick, £25, Estée Lauder (esteelauder.com)



Beauty news

Prepare for flawless, luminous skin with a new release from Laura Mercier; we introduce a cosmetic kit staple; and Estée Lauder's new lipsticks reign supreme

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Blank canvas

If you are on a constant quest for the perfect foundation, look no further than Laura Mercier's two new Silk Crème Photo Edition Foundations. One – an oil-free formula that gives a luminous, yet matte finish; and the other, with shea butter and sodium hyaluronate to add extra hydration to the skin – the silky formulas do exactly what they promise to deliver: a flawless complexion that lasts, so you can be ready for your close up every day.

Silk Crème Photo Edition Foundation, £35, Laura Mercier (lauramercier.com)



Simply divine

Sometimes, good things should never change, and Pommade Divine has certainly realised the power of continuity since it first established its all-purpose healing balm in 1800. It is why it remains a cosmetic kit staple today. Using the healing power of benzoin, liquidamber, nutmeg, clove and cinnamon, it's the perfect remedy for dry skin – keep a jar on your desk to offer your cuticles hydration, or just use the scent as a pick-me-up alone.

Pommade Divine, £19.80 (pommadedivine.com)



In the stars

For a journalist, a little cynicism comes with the territory. So when a colleague recommended that I see Ruth Nachmias, an astrologer at The Kabbalah Centre, my antenna shot up. Having looked into the centre's increased influence on CEOs and business leaders in London, I booked an appointment and was genuinely impressed. Housed in a Grade II Georgian building, Ruth, who flies all over the world with her job, is an intelligent and calming person and despite my cynicism manages to open up my thought process. She asks for the exact time and date of birth and using an Astrology chart proceeds to tell me things about myself that even I'd forgotten. The experience was both interesting and cathartic – better than a massage any day. (kabbalahcentre.co.uk)